
Coaching Mourinho

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Guided Discovery and Jose Mourinho - HomeTeamsONLINE

replay and coaching in the game to name but a few These methodologies eventually tend to fold, blend and merge into various elements of one's independent coaching philosophy I wish to offer another: Guided Discovery After recently reading "Luis Lourenco's book, "Jose Mourinho," Mourinho talks in ...

Notes on Mourinho - Anatomy of a Winner

Mourinho describes his coaching style as flexible and evolutionary - I am different today from 5 years ago - but very demanding in terms of the commitment required from the players during training " We go for quality and high intensity during short periods"

JOSE MOURINHO'S TACTICS - Soccer Coaching Software

Jose Mourinho has used many different formations during his coaching career, in order to get the best out of his players' characteristics The most popular have been the 4-4-2 with diamond, the 4-3-3, the 4-4-1-1 and the 4-2-3-1 In regards to his playing style, Mourinho is very flexible and adapts the

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Mourinho on Football: The Beautiful Game and Me

Coaching Mourinho Nel calcio non ci sono superuomini, ci sono solo uomini che vincono pi spesso di altri Jos Mourinho Jos Mourinho unanimemente considerato il pi grande allenatore di Biography & Autobiography ISBN:9788867310791 Juan Carlos Cubeiro, Leonor Gallardo 176 pages Apr 10, 2014 The Special One: The Dark Side of Jose Mourinho

Jose Mourinho's Real Madrid - Soccer Coaching Software

Coaching Points ASSESSMENT Real Madrid were the most successful team in the transition from defence to attack in 2011-12 - Mourinho's team was extremely effective on the counter attack The aim was to move the ball to the weak side of the opposition as quickly as possible Ronaldo's poor

REAL MADRID DEFENDING DRILLS2 - soccerteamtactics.com

situations which are presented in the book Jose Mourinho's Real Madrid a tactical analysis: Defending (the book is sold by soccertutorcom) The project's aim is to provide training sessions for several tactical situations during the defensive phase the way it was carried out by Jose Mourinho's Real Madrid

UNLEASH YOUR COACHING POTENTIAL

Coaching Resources for the World's Most Innovative Soccer Coaches 1 COACHING RESOURCES FOR THE WORLD'S MOST INNOVATIVE formation Mourinho has successfully employed at Chelsea and Inter Milan \$2495 Item # 1035 This book deals with players' roles and responsibilities within different systems of

TacTical PeriodizaTion: MoUrinho's BesT-kePT secreT?

University of Porto (Portugal), and it is being applied by Jose Mourinho and andre Vilas Boas among other coaches explained simplisti-cally, the main methodological and pedagogical principle behind Tactical Periodization is that the soccer game has to be "trained/learned" respecting its logical structure

Coaching Soccer Like Guardiola And Mourinho

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